

**GET THE MOST
ACCURATE PICTURE
OF YOUR HEALTH**



DEXA

FULL BODY COMPOSITION SCAN

- **Body Fat %**
- **Lean Muscle Mass**
- **Bone Health Analysis**

BOOK YOUR SCAN TODAY!

905 826-4048 Ext 2
info@abilityclinic.ca
www.abilityclinic.ca

@ The Ability Clinic
MISSISSAUGA



The Ability Clinic - Rehabilitation
Phone 905 826 4048 Ext: 2
info@abilityclinic.ca
www.abilityclinic.ca



Hours of Operation
Monday - Friday: 8am - 5pm
Weekend: Closed

About DEXA

A Dual-Energy X-ray Absorptiometry (DEXA) machine uses safe, low dose X-rays to measure:

- Body Fat %
- Muscle Mass
- Bone Strength
- Resting Metabolic Rate

The Scan Experience

Fast 5 - 10 minutes

Painless No needles or discomfort

Comfortable No claustrophobia

Safe Radiation less than a short airplane flight

Who Can Benefit?

For Holistic Health & Wellness

- Monitor fat loss while preserving muscle
- Identify imbalances in strength
- Customize nutrition based on your metabolism

For Bone Health & Prevention:

- Detect early signs of osteoporosis
- Understand bone strength before symptoms appear

For Athletes & Active Individuals

- Measure exact changes in fat vs muscle
- Establish a baseline after injury



Book Your Scan Today!

DISCOVER YOUR ABILITY

303-755 Queensway E
Mississauga, Ontario